



Type 1 diabetes and sport

Event Organizers & Health Professionals

Risk assessment and analysis prior to the events are key points to put in place, alongside an adapted emergency health master plan. The range of pathologies encountered is vast, but they can nevertheless be classified either by severity or by types pathologies.

Not all sporting events present the same risks and the pathologies that the rescue teams have to be treated can be very different from one test to another and depend on the conditions encountered, such as meteorology.

Certain pathologies, even minor, may require significant logistics due to the importance of number to process.

To be able to propose a good distribution and organization of supply points with respect for the balance between water and salty / sweet food so that the diabetic runner can have access to food in case of hypoglycemia.

The health questionnaire proposed for the runner's registration is complex for its implementation.

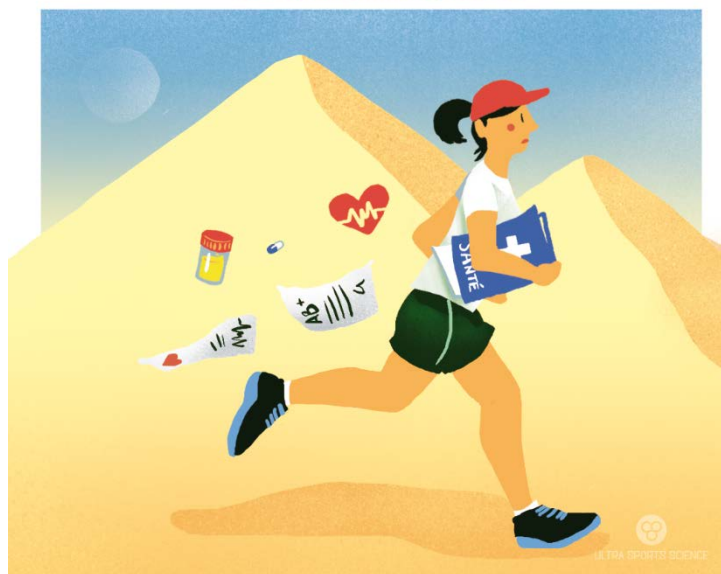
It is necessary to respect the standards of protection of health data.

The organizer is not entitled to host health data unless the organization's doctor has the tools and permissions to host health data.

Have available in the medical team: glycemic reading devices, insulin, glucagon, in order to take charge of a condition related to a runner's with type 1 diabetes.

Be aware of current anti-doping regulations.

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