

**Scientific Programme**

**Conference: *Women, Health and Ultra-Endurance***

UTMB Mont-Blanc 2026 Week – Chamonix  
Thursday, August 27th, 2026  
Morning Scientific Session (English)

**08:30 – 09:00**

**Welcome Coffee**

**Introduction to the session : Dr Patrick Basset**

**09:00 – 09:30**

*Mental health issues in ultra-endurance runner- are women at higher risk?*

**Speaker : Pr Volker Scheer** Ultra Sports Science

**09:30 – 10:00**

*The impact of Relative Energy Deficiency in Sport (REDs) in Female Ultra-Endurance Runners*

**Speaker : Rich Stennett**, PhD can., School of Sport, Exercise and Health Sciences, Loughborough University, UK

**10:00 – 10:30**

**Coffee Break**

**10:30 – 11:00**

*Overview of research project at UTMB 2026.*

**Speaker : Mablidy Thuany**, Sports Department, Physical Education, State University of Pará, Brazil

**11:00-11:30**

*Gynecological Health and Female Physiology in Ultra-Endurance: Pelvic Floor, Pregnancy and Return to Running*

**Speaker: Prof David Baud, MD PhD**, obstetrician-gynaecologist, Head of the Maternity at Lausanne University Hospital (CHUV), Switzerland

**11:30 – 12:00**

*Closing Remarks & Future Perspectives*

**Speaker : Dr Patrick Basset**

**12:00 – 13:30**

Closing Brunch & Friendly Networking Reception